

USURJ Special Issue Editorial

Introduction

The Health Science editorial board is pleased to present this special edition of USURJ, highlighting the College of Kinesiology Research Showcase (CKRS). This showcase was conceived as a platform to celebrate and promote the innovative research being conducted by undergraduate students within the field of kinesiology. In this issue, you will find a diverse collection of abstracts from students embarking on their first research projects, each contributing fresh insights into various aspects of kinesiology. The CKRS aims to bridge the gap between theory and practice, showcasing how research ideas evolve into tangible applications that can make a meaningful impact in the field. We are excited to share these inspiring projects and to support the next generation of researchers as they explore the intersection of science, movement, and human health.

We hope that the special issue will not only serve as an inspiring platform for undergraduate students to share their work but also foster a deeper sense of curiosity, collaboration, and innovation within the

undergraduate research community. By highlighting these early-stage research projects, we aim to encourage students to continue their academic pursuits and contribute to the growing body of knowledge. Ultimately, we hope this initiative will inspire both students and faculty to continually push the boundaries of undergraduate research, making lasting contributions to the field and improving the lives of individuals and communities.

— **Matthew Chapelski, USURJ Graduate Advisor, Health Sciences**